

# The Grove Patient Participation Group

## Sherborne

### Minutes

9<sup>th</sup>. September 2024  
6:00pm

**Present:** Ian Bartle (Guest Speaker); Jenny Davis (**JD**); Gill Foott (Engagement and Communications Coordinator [PPGs]) (**GF**); Carol Foster (**CF**); Karen Gough (**KG**); Paul Heard (**Yetminster PPG**); Alex Kimber (Managing Partner) (**AK**); Roger Marsh (Chair) (**RM**); Tony Meehan (**TM**); and AJ and Amanda (Sherborne Girls – students).

#### 1. Introductions:

The Chair (**RM**) welcomed everyone to the meeting, especially Ian Bartle and Paul Heard.

#### 2. Apologies:

David Bartle (Vice Chair); Sarah Garside; Maria Heard; Jane Heard (Yetminster PPG); and Lorraine Wallington.

#### 3. Collaborative Working – Ian Bartle (Executive Headteacher SATS Primary Schools):

Ian opened his presentation by explaining his teaching role and background including the fact that his children, he, his parents, and grandparent had all received their education within Sherborne. He explained that the education system was experiencing difficulties recruiting head teachers and similar to the health service it was suffering from the lack of funding.

During the Covid pandemic, the school's staff had suffered multiple times from the virus, which had obviously affected their ability to run the school effectively. Subsequent to the pandemic, there has been a marked increase in children's mental health problems. This prompted Ian to make contact with the Special Educational Needs Co-ordinator (SENCO) representative at The Gryphon School and Dr Aimee Barnes at The Grove Medical Centre to seek advice on ways to help those children suffering with mental health problems. It transpired that parents were seeking help from both the school and the GPs, but there was no clear knowledge how each was working to tackle the ever-increasing problem.

In discussion with Dr Aimee Barnes, Ian established that both he and she were dealing with the problem in isolation, and both were unaware of each other's skills and resources.

Ian stated there are three main players associated with the problem. These are education, the health service and social care and each were acting in isolation. This prompted the set-up of a group to include all three, not only to understand their roles, but also to identify their resources.

Ian went on to explain that the group meet once every school term and it has grown in its make-up as it has developed to identify and implement ways in which to help those children experiencing problems such as attention deficit hyperactivity disorder (ADHD) and autism etc. As the group has matured, it has identified other bodies that are required to be involved such as the local council and the police among others.

By gaining a greater understanding, the school's policy has changed from a 'behaviour policy' to a 'relationship policy'.

Additionally, Ian explained that with funding help from various sources, the school has established a building within the grounds of the Sherborne Primary School for use as a community hub for the use of classes for parents to develop parenting skills, and other various activities associated with health and wellbeing within the community.

Ian also went on to explain how the children had set up and run a café and to develop their life skills they operated it as a business by learning how to run the various functions such as the finances, stock control etc.

**(For details of Ian's presentation, see Attachment 'A')**

#### 4. Practice Update:

##### **Managing Partner's Report**

(AK) told the meeting that staff movements have been stable since the previous meeting in July. Regarding the British Medical Association (BMA) contract dispute, there has been minimal impact on patients with the Practice reviewing its data sharing agreements. Regarding the financial uplift, the new Government has awarded an extra 4% for primary care for staff costs, which is only on 50% of the contract whereas staff costs are around 75% of the contract. The review body has suggested uplift to GP salaries to 6%. There has been no increase in other parts of the contract. The additional funding can be used for recruiting new members of staff such as social prescribers, pharmacists etc., but it cannot be used for the recruitment of GPs or Practice Nurses.

(AK) also gave details of the forthcoming vaccination clinics that will involve both flu and Covid vaccinations will be administered together. The first clinic on the 5<sup>th</sup>.October will be conducted at The Grove Medical Centre and the subsequent clinic on the 12<sup>th</sup>.October will be held at the Digby Hall.

#### 5. NHS Dorset - Engagement & Communications (PPGs)

(GF) gave the meeting an update on various ongoing subjects including the following:

Know Your Numbers hypertension campaign that had been recently launched. To support those residents living in Dorset with high blood pressure they were being offered free access to the BP@Home (blood pressure at home) service, along with an app to help you better understand, manage and improve your condition.

Regarding the Covid-19 vaccinations this autumn the next round of vaccination clinics were in the process of being set up and those who will be invited for the vaccination this autumn will include:

- Adults aged 65 years and over
- Residents in a care home for older adults
- People aged 6 months to 64 years in a 'clinical risk group'
- Frontline NHS and social care workers, and those working in care homes for older people
- People with immunosuppression

It was understood that having a weakened immune system – immunosuppression - might be more difficult to understand than the other criteria, so some of the eligible groups are:

- Organ, bone marrow or stem cell transplant patients
- Those being treated with systemic steroids for more than a month
- Those living with HIV
- Those receiving immunosuppressive or immunomodulating biological therapy, including children who are about to receive therapy
- Those undergoing chemotherapy or radiotherapy
- Those that require long-term treatment for immunosuppression
- Those with a history of haematological malignancy including chronic leukaemia, lymphomas, and leukaemia
- Those with genetic disorders affecting the immune system

A call was being made to all parents to share their views on Health Visiting and School Nursing services. The Children and Young People's Public Health Service (Health Visiting and School Nursing) was currently seeking feedback about the service from parents, carers and young people. By sharing their views and feedback on our Children and Young People's Public Health Service, they would help shape the service offer for the future. A short questionnaire would be available to:

- Parents of children aged 0-5
- Parents of Primary/Middle school Children
- Parents of Senior School/College aged children
- Young people

Although outside of our area, (GF) also reported on changes at University Hospitals Dorset (UHD) – public engagement events

## **6. Health Champions:**

(VM) reported on the fact that the Fibromyalgia Support Group is continuing to grow. She also reported that members of the weekly Chatty Café had established such a good relationship with one another that a small group had decided to take a few days away with each other.

## **7. Military Veterans Support Group:**

(RM) stated that the Military Veteran's Support Group continues to meet at Manor Court on the third Saturday of each month and the numbers of members attending are hold up well with new members still joining the group. (For further details see item 9 (i) below)

## **8. PPG Newsletter:**

Discussion took place regarding the autumn edition of the newsletter with an intended publication date at the end of October.

Items considered for the next edition included:

1. Military Veterans Support Group
2. Dr Lawes research programme
3. Working across and with our community: (Sherborne Town Council plus collaborative working at the Primary School).
4. Health Champions (including the Chatty Café)
5. The View from the Waiting Room

**Action: All to note**

(TM) asked if the two student members of the PPG could produce a short article on the health matters that are important to them.

**Action: (AJ and Amanda)**

## **9. Actions from 22<sup>nd</sup>. July 2024 Meeting**

### **i) Military Veterans Support Group:**

It was previously stated that Lizzie Kingsbury's – (Military Veteran's Social Prescriber) contract with Help and Care was coming to an end on the 30<sup>th</sup>. September and it was important that her function within the group should continue. It was previously agreed that further discussion should take place regarding the future of the function performed by her.

Subsequently, (RM) had posed a question to NHS Dorset Integrated Care Board for its September meeting regarding the future of this social prescribing role, and this had resulted in him being offered a meeting with Kate Calvert (Deputy Chief Commissioning Officer – NHS Dorset). A date for this meeting has yet to be arranged.

**Action: All to note.**

### **ii) PPG Engagement with Young People**

The action to use the information produced by the students to form the basis for some suitable information to be included on the Practice website had now been completed, but it was still required to be reviewed.

**Action: (AK) and (RM).**

### **iii) Befriending deaf patients:**

It was noted that attempts had been made by both (TM) and (VM) to contact Annabelle Crabb to further discuss this subject, but to date there had been no response.

It was agreed that (DB) would attempt to determine through personal contact with Annabel Crabb if a problem existed.

**Action: (DB)**

### **iv) Health Walks Accessibility:**

The action to contact Geoff Cook at the Gryphon School regarding students helping with this project as part of the Duke of Edinburgh's Award Scheme was ongoing.

**Action: (VM)**

**v) Future Talk on Collaborative Working:**

(DB) had organised Ian Bartle (Primary School – Head) to give a talk to the PPG September meeting.

**Action: Closed**

**vi) 'A View from the Waiting Room' – Future articles:**

Following discussion on a replacement writer on the subject for future newsletters, it was agreed that a request be emailed to 'virtual' PPG members.

**Action: (RM)**

**vii) Planned reduction in the local Fire & Rescue Service:**

Following the last PPG meeting, when the subject of a possible reduction in the local fire service was discussed, (RM) reported that he had written to the Chief Fire Officer of Dorset and Wilts Fire and Rescue Service (DWFRS) on the subject. He had also had an input into a letter to the service from Sherborne Town Council. Subsequent to immediate cuts identified, DWFRS the following statement had been received from them: *"Dependant on our financial settlement for 2025/26 we will review the proposal to remove the second fire engine at another three on-call stations – Sherborne. Portland and Wimborne. This review will happen in January 2025".*

**Action: All to note.**

**10. PPG Chairs Activities:**

(RM) gave the meeting a report on his activities since the last PPG meeting;

- Attended Military Veterans Support Group August meeting.
- Met with Sherborne PCN social prescribers.
- Attended North Dorset PPG Chairs meeting

**11. Any Other Business:**

**i) Practice telephone System:**

It was noted that the telephone message associated with calls to the pharmacy at the surgery already carried a message regarding the contact hours.

**Action: All to note.**

Discussion took place regarding the call waiting system to the Practice and it was the general opinion of the meeting that patients preferred to know their position in the queueing system. (AK) agreed to review this.

**Action: (AK)**

(AK) also stated that the Integrated Care Board had agreed funding for a revised telephone system that would include a 'call-back' feature.

**ii) Mpox Virus:**

While the impact to the UK population is currently assessed as being low NHS England have been working with UK Health Security Agency (UKHSA) to ensure plans are in place in the event it is required to identify and treat any cases.

**iii) Phlebotomy – Blood Test Results Service:**

(AK) stated that there has been no change in the revised blood sample collection service as previously reported.

**Action: All to note.**

**iv) Stroke Service – Liver Experience:**

(RM) reported that NHS Somerset was looking for a person residing in the North Dorset area who had previously suffered a stroke, or who was a carer for someone who had suffered a stroke to join a stakeholder group in relation to the reorganisation of the NHS Stroke Service.

**Action: All to note.**

**v) General comments regarding the Practice:**

(RM) stated that he had relayed many messages on social media that had been posted by the Practice. These had included notices regarding both the last and most recent trainee GP to join the Practice. He stated that the kind messages from patients had been overwhelming.

**11) Date of next meetings:**

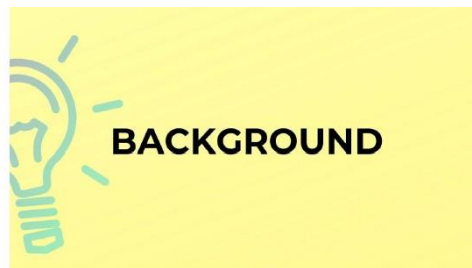
**MONDAY 4<sup>TH</sup> NOVEMBER 2024 ~ 6.00 pm at the Grove Medical Centre**

# ATTACHMENT 'A'



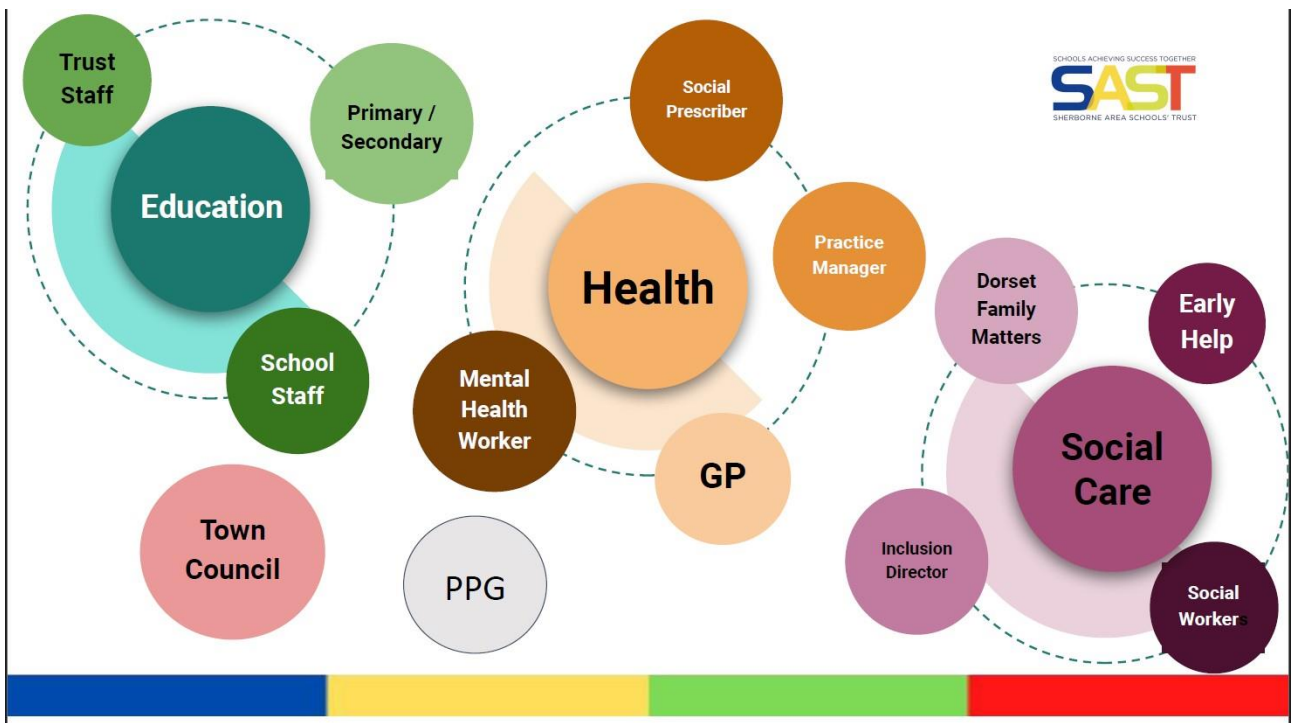
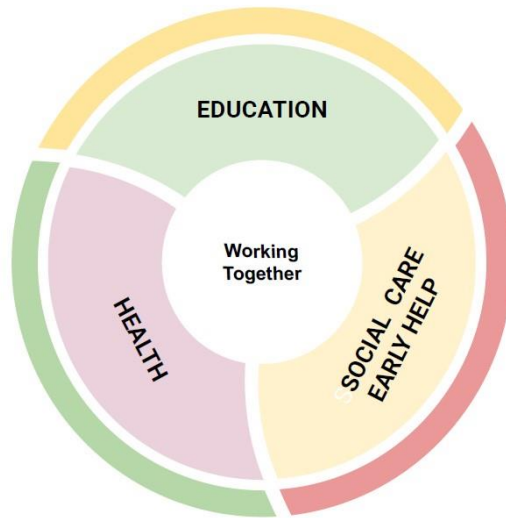
## Multi-Agency Working

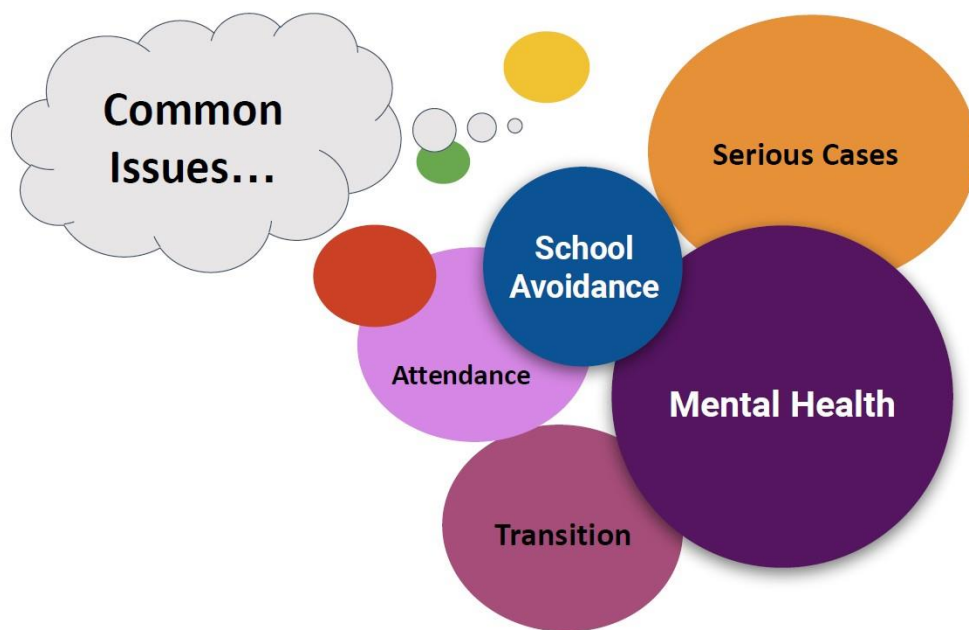
Ian Bartle (EHT - Sherborne) - PPG Meeting (9/9/2024)



- Discussion with a GP about Mental Health
- School had FAR MORE resources than Health!
- What do other services ACTUALLY offer?
- Does each service know what the others do?
- Demarcation....?







Sherborne Area Mental Health Support - Multi-Agency Approach (Health / Social Care / Education) Updated February 2023								
No	Name of Agency / Provision	Brief Description of Support	Targeted Age Range	Referral Process (Form / Email / Phone etc.)	Who Can Refer?	Cost Implications?	Contact Details	Comments
1	DFM Web site Directory	Lots of resources for all types of health	Family Based ONLY	<a href="#">Whole Family Working (sherpaint.com)</a>		funded		
2	North Locality Web-site	All of the partnership site & resources	Family Based ONLY	<a href="#">North Locality Partnership Site - Home (sherpaint.com)</a>		free		
3	North Locality Groups	Incredible Years / Living with Teenagers / Living with Parents/Parenting Skills and Strategies Workshops/Feeling Together	Parents	Contact North Locality 01258474036- to add to waiting list	All agencies	free		
4	EBSA - Emotional Based School Avoidance	School based early help (anxiety of coming into school)	Primary based	Contact North Locality 01258474036- to add to waiting list or through EH school link worker	Schools	free	Contact North Locality 01258474036- to add to waiting list or through EH school link worker	
5	Up to You	Based on Up to You Family Practice Model / CBT based strategies	Secondary (Y8 - 10 years at Secondary)	Contact North Locality 01258474036- to add to waiting list or through EH school link worker	Schools	free		
6	Future Roots	Link to Branching Out	7-17	<a href="#">Mental Health Difficulties   Early Help for children &amp; Young People (futureroots.net)</a>	referral through CAMHS gateway	free		
7	North Locality Groups	Deby groups- Messy Miles, learning together	0-5	Contact North Locality 01258474036- to add to waiting list or through EH school link worker	all agencies	free	Contact North Locality 01258474036- to add to waiting list or through EH school link worker	
8	Action 4 Children	Lots of topics on parenting to read with 121 online / call chat until 7.30pm including anxiety and school refusing issues /Mental Health 0-25 (send)	0-18	<a href="https://parentsactionforchildren.org.uk/">https://parentsactionforchildren.org.uk/</a>	all agencies	free		can do online parenting groups and Behaviour Workshops that challenge
9	family counselling trust -FCT	Counselling support for children and young people	5-18	<a href="#">FCT DORSET   Family Counselling Trust</a>	all agencies and self refer	partially funded - minimal cost	Key Parkinson EMAIL: <a href="mailto:fb-dorset@familycounsellingtrust.org">fb-dorset@familycounsellingtrust.org</a> PHONE: 07772 101649	
10	Mental health support Dorset Youth .com	A wealth of support and advice for parents and young people suffering with Mental health difficulties		<a href="#">Mental Health (dorsetyouth.com)</a>	All agencies	free		
11	Place2B	gives advice in You tube clips on various parenting issues 0-18 including Anxiety and Mental Health Free		<a href="https://parentingsmart.place2be.org.uk/g">https://parentingsmart.place2be.org.uk/g</a>	All agencies	free		
12	Hopa	Programme For Parents of Children With ASC online 6 week course		<a href="https://www.h4c.org.uk/courses-all/the-pe-programme-for-parents-autism">https://www.h4c.org.uk/courses-all/the-pe-programme-for-parents-autism</a>	all agencies	free		

+ School MH School Refusers School Attendance Health MH Health Refusers Health Attendance Early Help & Soc Care MH Early Help Refusers Early Help & Soc Care Atter





- Collaborative working - ALL services aware of local issues
- Empathy - Understanding each other's day to day
- Demarcation - Which service is needed?
- Sharing Good Practice - celebrating the GOOD we ALL do!!





