

## *Dr. Rob Childs Retirement*

Dr Rob Childs, who recently retired as senior partner at the Grove, was a GP for 29 years at both Bute House and the Grove Medical Centre. Throughout his career he was respected by colleagues, patients, and healthcare peer groups for his outstanding professionalism in the wellbeing and welfare of his patients, supporting his colleagues and staff in the practice to establish the highest clinical qualities and governance in his practice.

As Senior Partner he was responsible for overall leadership of the ever expanding team, which was in turn responsible for the development of clinical policies and governance at the Grove.

Among his many career and professional achievements, he served the local health community in many different roles, including, a member of the Local Medical Council Committee; board member of the Clinical Commissioning Group and more recently the Clinical Director of the Sherborne Area Primary Care Network (PCN). In addition, he was a Governor of Yeovil District Hospital, and Sherborne Medical Forum, representative to the Friends of the Yeatman Hospital.

Between 2019 and 2022 he was the Clinical Director for the Sherborne Area PCN with the additional responsibility for the needs of a larger patient population. In this role one of his most significant achievements was the response to COVID-19 and its impact on the NHS. As Clinical Director for the Sherborne Area PCN, Dr Childs took a decisive and immediate role in organising both the Grove Medical Centre and the practices within the PCN to achieve a safe and efficient clinical environment.

He always emphasised the importance of good quality Primary Care to the country's health and equally the role of the GP within that. He was always mindful to recognise the challenges faced by colleagues and used his influence to deliver improvement.

During his 29 years as a GP in Sherborne, he identified and pre-empted the ever-changing needs of patients, of the practice and those of his colleagues. As a leader he empowered those he worked with by example and encouragement. The merger of Bute House and Newlands Surgery was further evidence of his ability to understand the challenges facing the General Practice today and to identify and deliver sustainable solutions.

The organisation he leaves behind is in good shape to meet the challenges of General Practice in the future and should ensure ongoing excellent care for the the patients of The Grove Medical Centre. It continues to attract high quality team members whether clinical or non clinical and has a good reputation locally and in the wider county.

He enthusiastically supported and regularly attended Patient Participation Group (PPG) meetings to report on patient matters. He considered the PPG to be a valued part of the Grove's communication with patients and assists on such matters as special days for patients such as Flu-Jab or open days to engage with patients.



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## ***DR MIDDLE TAKES OVER AS SENIOR PARTNER***

Following the retirement of Dr Rob Childs in September this year, Dr Charlie Middle took over as the Senior Partner.

Married with 3 children, Dr Middle is no stranger to the Grove or Sherborne having been a leading member of the clinical staff for more than 24 years, joining the original Bute House surgery in 1998.

Born in Amersham Buckinghamshire, into an established medical family, both his parents were doctors, it was inevitable he would follow in their footsteps. He performed his first triage at the age of 10. Educated at Cheltenham College and St Thomas's he graduated in 1990.

Dr Middle's medical interests – specialties include teenage health, orthopedics, minor surgery, and mental health issues. He has been Doctor to Sherborne Girls School for 20 years. He is also the Chairman of the Sherborne Voluntary Ambulance, which as its name states provides voluntary transport for patients to local hospitals for clinical appointments.

When asked about his favourite memories of Dr Childs – “Rob and I worked together for 25 years and not once during that time did we have a disagreement. He was an extremely kind and generous colleague, whom patients, and staff will miss.”

A committed family man, sport is his main social interest, especially cricket, but also watching football and rugby, and learning golf. At Cheltenham he was a member of the 1st XI, and as an MCC member can sometimes be spotted at Lords on match days .

As for the future Dr Middle confirmed.

“At the Grove we shall continue to provide high quality healthcare for our patients, safeguard the future of the Grove practice by recruiting top quality people to ensure the long-term welfare of our staff and patients.”



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## **Christmas & New Year Opening Times at the Grove Medical Centre**

**During the Christmas and New Year holiday period, apart from the 26th-27th December and 2nd January, it is business as usual. The Grove Medical Centre normal hours are 8.00am – 6.30pm**

**Should you need medical attention during this period you should contact the out of hours service on 111 or in a life-threatening medical emergency 999**



## *A View from the Waiting Room*



### *Keeping Up Appearances*



*It's was a hot summer! That suited some but I found the heat quite draining. However we were at last able to visit family in distant places so that three year itch has been 'scratched' so to speak.*

*But I now feel, and I sense that many others do, that the world has become more than a little out of control, that there is not much to look forward to, and that quite a few friends and family members are also feeling ... not quite depressed ... but certainly joyless.*

*What to do?*

*Everyone must be aware of the psychological benefit of keeping ourselves as fresh and attractive as possible, even in these depressing times, if only just to please ourselves because perhaps we see very few people.*

*Never very interested in my appearance, though clean and tidy, I wore a drab sort of uniform of the most recent tops and trousers that hung over the chair in the bedroom. That changed quite suddenly when we moved here seven years ago. Walking happily down Cheap Street for the first time, I couldn't help noticing and admiring both men and women my age who looked wonderful.*

*It was time for me to change. Having always home-coloured my prematurely grey hair, I decided to give up and just go white.*

*I found the local charity shops a gold mine of fabrics and vibrant colours I'd never before dreamed of wearing. I discovered the joy of costume jewellery.*

*Since then I've felt happier, more confident and the routine has stuck. I now actually choose my clothes in the morning. Then the earrings ... tasteful drop earrings are so pleasing.*

*I'll never forget a dear friend who in middle age got a life threatening cancer which left him with weakness and a permanent colostomy. To keep going financially he was obliged to start up a new business from his home. The dining room became his workplace. But the thing that struck me most forcefully was that he 'Dressed for Work', putting on a clean shirt and tie before walking into his 'office'. He didn't need to, there was no such thing then as Zoom meetings or face to face calls. How many people in his situation would have bothered. It was a life lesson for me, but took a while to sink in!*

*Joan Cooper*

*Patient*

*The Grove Medical Centre*

*P.S. I may be going too far, I now even apply lipstick before walking the dog. Who on earth cares. I care!*

## *Support Group for Military Veterans and Families*

In February 2020 the Grove Medical Centre attained accreditation as a Veteran Friendly GP Practice from the Royal College of General Practitioners. To be awarded accreditation the practice must commit to five requirements that include identifying and coding patients who have served in the armed forces, have a clinical lead for veterans within the surgery who must stay up to date with the latest training, and finally the practice must have a Care Quality Commission (CQC) rating of 'good' or higher. Your Patient Participation Group (PPG) at the Grove initially supported the practice and its patients who were veterans by producing a directory for Military Veterans and Families Health, details of which can be found at: <https://www.thegrovedoccentre.co.uk/armed-forces-care>

Furthermore, the Grove PPG initiated a Military Veterans Support Group for those veterans, along with their families, who are patients of the three practices within the Sherborne Area Primary Care Network. The support group, which was set up in September 2021, meets monthly and has over seventy members.

With the help of our social prescribers the group has flourished, not only does it help those veterans with special needs, but it also has speakers at its meetings on a variety of specialist support organisations including Soldiers, Sailors, Airmen and Families Association (SSAFA); Blind Veterans UK; and a talk on 'The Fighting Murphy's of the Irish Guards'.

Most recently the group was visited by members of Service Dogs UK who gave an information talk and demonstration of their work in providing Veterans from the Armed Forces and Emergency Services suffering with post-traumatic stress disorder (PTSD) the benefit of specially trained assistance dogs.



**Service Dogs UK on their visit to the Sherborne Military Veterans Support Group meeting at Manor Court, Newland, Sherborne on the 19th. November 2022.**



## *The Grove PPG 2022 Annual Report*

You can read the highlights and achievements of the Grove Patients Participation Group for the past year online at <https://www.thegrovedmedcentre.co.uk/patient-group-meeting-minutes>

Under the chairmanship of Roger Marsh the 13 member Committee, working with the Alex Kimber the Managing Partner in the Practice, supported both the staff and patients during what Roger describes as a year of change on a wide range of projects – including.

- \* Local schools – Children and young person’s networking
- \* Military Veterans programme
- \* Cooperated with the Apples and Yetminster PPGs to deliver 4 different COVID and Flu vaccination programmes – vaccinating more than X000 patients
- \* Cancer support group – a new initiative for Sherborne
- \* A review of patient services in the Practice
- \* Published 4 newsletters

And much, much more – read what your PPG has achieved for you.

### *North Dorset GP surgery vaccinate 2300 people against flu in one day*

It is flu vaccination season and since September, GP surgeries across the county have been busy contacting eligible patients to arrange their vaccines and holding flu clinics which usually see around 450 people in a day. One surgery in Sherborne has taken this to the next level and vaccinated over 2300 people in one day at their flu clinic in October.

Staff from The Grove Medical Centre worked tirelessly to vaccinate 254 people per hour, beating their previous record of 1800 vaccinations in September

Grove patient, Stephen Bridger who received his flu vaccination in thanking the clinical staff commented; “I think it’s fantastic what the Grove Medical Centre have achieved, they were very well organised. The staff and volunteers are all friendly. They gave the vaccine so quickly I barely noticed it! I always feel safer going into the winter season knowing that I am protected against flu.”

When thanking the staff and volunteers, Dr Charlie Middle, senior partner at the Grove said “The GPs, nursing team and administrative team worked extra shifts, who, together with the army of community volunteers that helped us with directing in the car park and manage patient flow inside the building. It was lovely to see so many happy patients in one day.

“Vaccines are our best protection this winter, and we want to support our patients to stay well during the coming months.

We managed to vaccinate record number of people this weekend, against an illness that can be dangerous, which is a fantastic outcome for our community. We will be running more clinics over the next few weeks for those who couldn’t make it today. I’d strongly encourage people to have the flu vaccine.”



***JOIN OUR PATIENT PARTICIPATION GROUP – THE GROVE PPG – ONLINE INFORMATION .....***

# Sherborne Young People's Network Event

*Lots of great ideas exchanged between the younger generation and representatives of local organisations.*

Roger Marsh, chair of the Grove PPG, together with representatives of other voluntary groups from the Sherborne area, recently attended the first Children and Young people's Networking Event at the Digby Hall, led by students from The Gryphon School, Sherborne Primary and Sherborne Abbey Primary alongside Sherborne Town Council and Diocese of Salisbury.

Roger said

“Sherborne Town Council are to be thanked for their initiative in creating the opportunity for children and young people to meet with Councillors and leaders of numerous voluntary groups and local organisations to discuss the future for the town. Fantastic discussions were had by all, with so many exciting ideas shared. The Town Council will continue to work with the young people and the voluntary groups to put some valuable ideas into practice.”



## New Orienteering Course for Sherborne

Sherborne Market, Public Health Dorset and Sherborne Town Council recently launched the course as an initiative from the Grove Patient Participation Group in partnership with the Wessex Orienteers, Wimborne Orienteers, Dorset Council Rangers and Sherborne Primary Care Network (PCN).

Anyone can take part, anytime. The initiative aims to encourage residents to increase physical activity and embed the use of green spaces for activity and recreation. The course is a blend of rural and urban with open grassland along by the river where kingfishers and other wildlife may be seen.

Each course is laid with small plaques with letter codes at various points. Using a Maprun6 app or a waterproof map, you can walk or run the course with the aim of gaining maximum points from as many plaques as possible.

“The Sherborne Market was very pleased to assist with the funding for this project, our artisans and traders are at the heart of our community and anything we can do to help attract visitors to our lovely area is central to what our market is about” said Jules Bradburn, Sherborne Market.

“The courses will encourage residents and visitors to get out into the local surroundings to see areas that would not normally be on their radar and having a connection to the outside environment brings many health benefits” said Cllr Anne Hall, Former Mayor 2021/2022, Sherborne Town Council.



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According to the NHS, being active can reduce your risk of major illnesses such as heart disease, stroke, type 2 diabetes and cancer. Research shows it can also boost self-esteem, mood, sleep quality and energy, as well as reducing your risk of stress, depression, dementia and Alzheimer's disease.

Spending time outside and in nature is also great for your mental wellbeing.

Sarah Webster, Operations Manager, Sherborne PCN said “The Sherborne Primary Care Network were delighted to be able to contribute to such a worthwhile project. Exercise is so important in maintaining and improving our general health. It also has a positive effect on our emotional well-being and mental health, especially when outside in our beautiful surroundings. These orienteering courses are a wonderful, free resource for our community. With the shorter one being accessible, it is hoped that all our residents will complete it”.

## *Over 70 . . . .The Problem of Digital Exclusion*

I well remember catching up with an 80+ year old lady to help her over some rough ground on our way to the village hall. I knew her quite well, she had been Matron of one of London's famous hospitals years ago. She shrugged me off impatiently and continued alone and I learned an important lesson. Don't patronise. (Though I didn't think showing concern for her safety was patronising.

I notice that the expression 'Ah Bless', is now often used if an older person unwittingly fumbles with anything, followed often by the slight raising of voice and careful articulation. I understand that the expression only means they care, and perhaps I am being too sensitive, but being elderly is not being simple minded.

But that is a very minor issue. The really infuriating, and arguably over-looked issue is the problem that many elderly face trying to navigate the digital world of today. I am a bit out of date here, but It seemed odd to me that we did all the Covid jabs for the elderly first ... when they were so left behind in other ways, particularity with access to health care. eConsult was, and is, available but only for those who can use it, and most medical emergencies do involve the elderly.

Imagine someone over 80 trying to organise a long-haul flight to a country still very Covid restricted, with just how much red tape and form filling it involved ... but this is the thing ... it has to be digitally done on their smartphones. What if they didn't own a smartphone? Only 17% of that age group do and some countries paper copies are not recognised.

And then, if a kind person has sorted all this for them and maybe they have purchased their first smartphone, perhaps they then write a long newsy email on arrival telling their family all about it, thus running up an enormous phone bill in a matter of seconds. SIM cards and Roaming apps...what are they? Believe me this happens.

(Did you know that there is a whole website devoted to the stupid mistakes grandparents make trying to communicate with their family.

Some are hilarious but it could rub very close to the bone, believe me.)

The bottom line is this;

1. Growing old will happen to everyone
2. Being patronised can be annoying
3. Being left out of the digital world is terribly frustrating
4. Because of this the elderly are sometimes made to feel stupid.
5. There needs to be a free service in every village, town, and city where older people can be helped through this online maze. That would in itself be a useful way of meeting people and making new friends.

The baby boomers are now ageing. One could argue that they lived through the happiest years, but they now face leaving the world with the horrible legacy of war, climate change, migration crisis and poverty. Some feel guilty, all worry about the future for their grandchildren. They crowd our surgeries, of course they do. We should ... and of course mostly do ...value, love and respect them.

Joan Cooper Patient



# ***MORE THAN A GP SURGERY.....***

Before you start to think about getting your car serviced or placing an online grocery order – we are talking about health matters, which as we all know, your health matters to us and everyone at the Grove Medical Centre.

Gone are the days when a visit to the GP surgery was solely for an appointment with your Doctor or nurse, today Social Prescribing appointments are as much in demand as an appointment with your doctor or parking spot at Waitrose.

For those of you still in the 20th century, social prescribing reaches part of social and community services other parts of the NHS does not. How many of us need help with online forms, directions to and time of the Men’s Shed, how to apply for a blue badge and much, much more.

Vicky Moreland is one of four Social Prescribers at the Grove who extend the traditional GP surgery into the 21st century. As their name suggests Vicky, and her colleagues are our patients’ links to social and other community services.

In a recent meeting of the Grove Patients Group, Vicky shared a normal day with her colleagues and members of the group.

“Grove Patients come to the surgery firstly with medical problems, but many have underlying social problems – such as housing, finances, social isolation, wishing to lose weight or make other changes, be recently bereaved, they’re caring for someone and don’t know where to turn or how to navigate the system.



“My workload this week was normal.....for one elderly gentlemen – age 93 I applied for a blue badge as you can only apply online; I referred another patient to the Food Bank and helped them complete a form about their benefits so they can be assessed by CAB; introduced a gentleman to the nearest Men’s Shed; met a recently bereaved person and advised on their benefits, whether they could apply for a Blue Badge and gave them details of the Chatty Café and Bereavement Group; helped a family member apply for Attendance Allowance and gave them the information they’ll need to do this; spoke to Magna Housing about issues a patient is having with their accommodation; researched local exercise classes for a patient; discussed the role of Dorset Council’s Carers Caseworker with someone and made an appointment for them to see her.

“My professional colleagues, Ellis Ford, Jill Warburton and Amanda Baker, the other social prescribers, would probably have very different lists!

“It is a mixture of working with people, sometimes quite intensively over a period of time, and sometimes just straightforward signposting, one phone call and that’s it.”

So, there you have it, the Grove is more than a traditional doctors surgery, it is your surgery for today, tomorrow and your future.



***We wish our readers a Happy Christmas  
and a Healthy New Year***

## *Three Years of The Grove PPG*

The Grove Patient Participation Group (PPG) was established in July 2019 following the merger of the Bute House and Newland medical practices.

The publication of our recent annual report marks the Grove PPG's 3rd birthday, so we thought we would take a moment to reflect on the work and achievements of the group.

The PPG meets on a regular basis. It is a mutually supportive group of patients who;

- Works with the Practice to ensure the views of patients are heard
- Supports the Practice to make positive changes and improvements
- Supports the work of the Practice in helping patients to play a greater role in their own health

As chairman, I am pleased and grateful for the support the PPG has received from the doctors and staff of the practice and the patients who are members of the group.

For three years we have been forced to face a new reality and a series of challenges none of us expected or were prepared for. Having said that, no matter the challenges we have worked closely with our Health Champion volunteers to set about our tasks to build an effective and meaningful group to serve our patients and community.

Very briefly this is what we have achieved.

◆ **Volunteered at both Covid and Flu Clinics:**

Our members and volunteers have stood in wind, rain, snow and sunshine to help patients at a vast number of Covid and Flu Clinics.

◆ **Sherborne Area Health & Care Directory:**

Produced and distributed the local directory with funding from both Sherborne Town Council and the Sherborne Summer Festival

◆ **Worked with the Health Champions:**

Established a Cancer Support Group

Set up a Armed Forces Support Group for military veterans and their families

◆ **Military Veterans and Families:**

Produced a directory detailing organisations for helping military veterans and their families

◆ **Sherborne Local Plan:**

Reviewed and commented on the Local Plan for Sherborne in relation to future health facilities

◆ **Sherborne Town Council:**

Produced a regular report to Sherborne Town Council on health and wellbeing

Represented on Sherborne Town Council's Wellbeing Committee

◆ **PPG Youth Advisors:**

Young people's views represented on the PPG by students from Sherborne Girls School

◆ **Communications:**

Established regular communications with patients via social media/email/newsletters

◆ **Healthy Activities:**

Established an orienteering course in Sherborne in conjunction with Wessex Orienteers which was financially supported by Public Health Dorset and Sherborne Markets



***Dr Rebecca Lye of the Grove Medical Centre was runner up GP Trainee of the year award in the UK General Practice Awards 2022***

Dr Rebecca Lye, of the Grove Medical Practice, Sherborne was runner up in the GP Trainee category of the General Practice Awards 2022 to recognise excellence across all sectors in General Practice, working in primary and community care across the UK. The winners were announced at a glamorous Awards Ceremony on 9th December in London.

Organised since 2008, The General Practice Awards recognise the very best within the healthcare industry, seeking out the incredible work being carried out daily by our NHS heroes. This is now more poignant than ever. The 2022 awards were another record-breaking year for entries.

Dr Lye, from Chilthorne Damer, Somerset, graduated from Leicester Medical School in 2014 and joined The Grove to complete her General Practice training in February 2021. She is married with two young children age 5 and 7yrs.

Her colleague Dr Nick Berry commented. "I nominated Rebecca because she is an outstanding and exceptional GP Trainee and team member, her infectious enthusiasm and clear sense of purpose has helped lift the morale of the whole team during this difficult chapter dealing with the effects of the pandemic."



Dr Lye responded

"To be put forward for this award came as a complete surprise. I both appreciate and am grateful for the support and encouragement that I have received from colleagues and patients since joining the Grove.

Managing Partner of the Grove Medical Centre Alex Kimber said on behalf of the clinicians and staff.

"Dr Lye has done so much for our practice to promote the wellbeing of her colleagues, and the feedback from her patients is always positive, to us she will always be a winner."

Dr Forbes Watson, Chair of the NHS Dorset GP Alliance congratulated Dr Lye for her dedication to her colleagues and patients: "It's fantastic that the care, hard work and positivity of one of our Trainee GP's has been recognised.

It is a challenging time for general practice, yet I know that there is a lot of excellent work happening across the county by my colleagues in primary care. Awards such as this help us to recognise and celebrate this. I wish Dr Lye luck with her future career. She is a credit to Grove Medical Centre and its patients, and to the profession and NHS in Dorset. Thank you."

The award seeks to recognise GP Trainees or newly qualified GP's who have made an outstanding contribution to patients or their practice. It is open to all UK medical graduates who are currently in postgraduate training to become a GP or completed GP training in the last 12 months. This year, they received a record number of nominations making Rebecca's shortlisting even more impressive.

# *New Doctors at the Grove*

## Our New Doctors



**Dr Ruth Spedding**

As you'll be more than aware from media reports, it is an exceptionally busy time at the moment in the NHS and here at the practice, we are seeing or speaking to approximately 1 in 5 of all of our 12,800 registered patients every week. This is an enormous increase from pre-pandemic and we ask that you remain understanding with how stretched we are with the limits on our resources. We have been extremely fortunate that we have attracted new staff where many areas within the NHS haven't been able to.

During the past few weeks and over the next couple of months we will have quite a few new starters joining the practice and also some new Sherborne PCN (Primary Care Network) staff who will work across all three local practices.

We are delighted to wish a warm welcome to:

- Our new GPs:- Dr Ruth Spedding, Dr Aimee Hobbs, and Dr Adam Wood who have all now started.
- Health Care Assistant Sue and Patient Services Advisor Amanda
- Julie and Hannah our PCN Mental Health Practitioners
- Eve our PCN Frailty Nurse



**Dr Aimee Hobbs**

And congratulations to our GP Registrar, Dr Rebecca Lye who has completed all her certification and we are thrilled to say has agreed to stay on with the practice, becoming a GP Partner in October.

In other changes, Dr Charlie Middle and Dr Liz Long are reducing the hours that they work and as such both will now only be working three full days a week.



**Dr Adam Wood**

A period of change is often an unsettling time for anyone. However here at the practice we are embracing our changes, which will have positive outcomes for both our team and for patients. Our team will continue to do our absolute best to help you and in return we please ask for your patience and kindness when speaking to anyone in our team. To the vast majority of our patients, thank you so much for your support and understanding, we are extremely grateful. I am sad to report we have unfortunately seen an increase in verbal aggression towards our GPs and staff. We kindly ask that everyone remembers that none of us come to work to be shouted or sworn at, nor can we fix the problems with the NHS alone. I'm really sorry to have to say this but we will take a zero-tolerance stance for the small minority of patients who push the boundary.



**Dr Rebecca Lye**

On a positive note, the practice is growing and thriving and we all feel very lucky and fortunate to be working in such a supportive and inclusive community. If you would like to get involved then please consider joining our patient group or if you would like to volunteer to support our increasing number of community projects then consider becoming a health champion.

For more details please contact Roger Marsh [grovesherborneppg@gmail.com](mailto:grovesherborneppg@gmail.com) for the PPG or Vicky Morland [vicky.morland@dorsetgp.nhs.uk](mailto:vicky.morland@dorsetgp.nhs.uk) for health champions.

Mrs Alex Kimber - Managing Partner

Opening Times	Times
Monday	08:00 - 18:30
Tuesday	08:00 - 18:30
Wednesday	08:00 - 18:30
Thursday	08:00 - 18:30
Friday	08:00 - 18:30
Weekend	closed

#### Ways to contact us:

You can book an appointment by:

Calling the practice to speak to a Patient Services Adviser between 08:00 and 18:30 Monday to Friday.

Online booking is available for routine appointments with your GP using the new NHS App or your current online login. If you don't have a login or have forgotten your login details, then please speak to the patient services team.

Using the 'e-Consult' service for advice, administration queries or to have an online conversation with your GP.

**If you need to contact a doctor outside these hours then you should ring the Out of Hours Service on 111, unless it is a medical emergency then dial 999.**

Dispensary open for prescription collections between 08:30 - 18:30. If you want to order repeat medication by telephone please ONLY call between 08:30 - 12:00 daily.

### Evening & Weekend Appointments

Local practices are working in partnership with Dorset HealthCare, Dorset County Hospital and South Western Ambulance Service Foundation Trust to support improved access to GP services. We are now delighted to be able to book our patients into sessions running from Dorset treatment centres in Bridport, Shaftesbury and Weymouth on Saturdays and Sundays to see a member of the nursing team for dressings or to see a locum GP.

Please contact reception for appointment availability if you wish to be seen at the weekend.

**For Christmas & New Year Opening Times see Page 2**

### *The Practice Team*

Dr Aimee Barnes	Dr Nick Berry	Dr Lucius Covell
Dr Aiumea Hobbs	Dr Sally Dangerfield	Dr Ruth Lawes
Dr Liz Long	Dr Rebecca Lye	Dr Charlie Middle (Senior Partner)
Dr Matt Phelan	Dr Ruth Spedding	Dr Katie Thomas
Dr Adam Wood	Mrs Alex Kimber (Managing Partner)	

### *Do we have your correct details?*

You can update your details on the Grove Medical Centre website

<https://www.thegrovemedcentre.co.uk/>



### *Your Patient Participation Group (PPG)*

Interested in finding out how your GP practice works and about the health services it delivers? Your practice Patient Participation Group (PPG) could be for you. See: <https://www.dorsetccg.nhs.uk/involve/ppg>